



### **May 19 Senior Summit Expo**

A FREE event for seniors and those who love them.

**May 19, 2018**

**Firestone CLC**

**470 Castle Blvd., Akron, OH 44313**

**9 a.m. - 3:00 p.m.**

**Doors Open:** 9:00 a.m.

**Parking** - Special parking for mobility challenged seniors in Castle Boulevard lots. Transport from additional lots provided by Rockynol and the City of Akron Trolley.

#### **Check-In:**

Guests receive program with list of activities, map of venue and any other pertinent instructions as well as tickets for breakfast and lunch to the first 500 registrants and entry into prize raffle.

**All** must register to receive breakfast or lunch. Pre-registration can be done [here](#).

MOST events are available for all to walk in. In some cases, information is necessary so you can bring materials with you OR so we are prepared with enough staff. All will take walk up appointments. Having your medications or paperwork will make your experience more complete.

These include:

**NEOMED Med- check or “brown bag event:** You should gather all prescription medications, over-the-counter drugs, herbal or natural products and vitamins or minerals you use, place them in a bag and bring them to the event. Or, bring a list. They will be screened by NEOMED pharmacy staff and students for potential duplication of therapies, side effects or interactions.

**Community Legal Aid:** [Community Legal Aid](#) advocates will be on-site to answer questions about and assist in processing estate planning documents, including advanced directives, powers of attorney, wills, and more. Attorneys will also be available to answer general legal questions and offer some limited counsel and advice on legal matters.

**CarFit:** [Carfit](#) is an educational program that offers older adults the opportunity to check how well their personal vehicles "fit" them. At a CarFit event, a team works with each participant to ensure they "fit" their vehicle properly for maximum comfort and safety. A CarFit check takes approximately 20 minutes to complete.

**Firestone Planetarium:** Those preregistered will be given priority seating. The rest is on a first come first serve basis.

#### **Food:**

**Breakfast– Akron Public Schools** will provide juice and donuts for all from 9 a.m. – 10:30 a.m. Coffee provided by **Angel Falls Coffee**.

**Lunch - 11 a.m. – 2 p.m.** Boxed lunch provided by **Vantage, Akron Public Schools** and **The Akron Canton Regional Food Bank**.

**Vendor’s Show:** FREE samples and contest by vendors for Meals on Wheels. Number one choices will be included in Meals on Wheels the following week. Food provided by Gordon Food Services (GFS) with service by the students of the the **Kenmore-Garfield Culinary** program and their teacher **David Skelly**.

**WAKR:** Will broadcast live from the event with their Saturday morning programming including **Tom Dayton** and **Andy January** as well as a live session with **Ray Horner** and Social Security expert **Robert Fenn**.

**Breakout sessions** confirmed but times TBA include:

### Auditorium:

- **Francine Chuchanis** - Medicare expert
- Straight Talk about Probate with **Judge Elinore Marsh Stormer**
- AARP Fraud protection with [AARP Ohio](#)

### Cafeteria:

- Tai Chi with **Kim Mozzochi** from Direction Home
- **Stow Seniors Jazz Band**
- YMCA Line Dancing from the **Green YMCA**
- [Matter of Balance](#)
- **Matt Gurwell**, President and CEO of [Keeping Us Safe](#) driving program

### LIA:

- An overview of [DEEP/DSME](#)... diabetes training with sign-ups the 8 session classes as well.
- [Alzheimer Association – 10 signs](#)
- APD/AFD possible session on safety in Akron
- [Carrarra](#) -- Spring cleaning and decluttering

The Senior Summit is thrilled to welcome many partners and sponsors including:

